Why do people seek Testing?

Neurodevelopmental Disorders

ADHD, Autism (ASD),

Communication, Motor, Learning

Disabilities, Dyslexia,

Dysgraphia, Dyscalculia,

Dysgraphia

### The Testing Process

Intake Appointment

Share your concerns and personal history to provide our clinicians with a clearer understanding of yours or your child's situation.

Testing Appointment

The duration of the testing appointment can varying raging from 2-5 hours, depending on what is being administered.

Feedback Appointment

Your clinician will interpret their findings, clarify any diagnoses made, and discuss any potential treatment recommendations and accomodations with you.





### Contact us today:

980.484.2111 www.ArtofTherapyCenter.com





Art of Therapy Center A holistic approach to therapy with families.

## Why is testing needed?

Assessment is helpful to determine whether your child meets criteria for a particular diagnosis, such as autism, ADHD, learning disorders, or developmental delays. It is also needed to determine your child's strengths and weaknesses and overall level of functioning.

Re-evaluations may be needed to see how your child is progressing or to see if your child's treatment needs have changed.

# What does your child experience during testing?

The psychological evaluation format can really vary depending on the reported concerns. Most testing includes an observation of your child as well as a parent interview. The parent interview is needed to gather further information related to your child including medical, educational, and psychological history. It is likely that your child may also be assessed more formally using standardized testing measures.

### What tests will be given to my child?

The psychologist evaluating your child will determine the appropriate compilation of tests. This may include intelligence tests, achievement measures, executive functioning tests, memory assessments, and/or social-emotional rating scales.



#### Intellectual Tests

Intelligence tests, or IQ assessments, assess a child's cognitive abilities. They typically include a combination of verbal tasks, which require children to use their language to answer the questions, and nonverbal tasks, which are more visually-based.

An IQ test is usually recommended for most assessments, but is especially important for assessing giftedness, developmental delays, learning disorders, and/or intellectual disabilities.



#### Achievement Test

Achievement tests are used to measure a child's skills in academic areas including reading, writing, and math. Many achievement tests have fluency tasks (measuring how quickly your child can complete the questions), and application tasks (measuring how well your child can apply the skills to solve problems), and a skills component (measuring your child's knowledge in each subject area).

These tests are really helpful to determine how your child is functioning academically compared to other children. Achievement tests are needed to see if your child is in the appropriate classroom placement, receiving the appropriate curriculum, or could benefit from additional supports.



#### **Memory Tests**

Memory assessments are used to measure your child's recall of information. Most memory assessments assess a child's ability to recall both verbal information and visual information.



#### Executive Functioning Tests

These assessments are designed to asses a child's executive functioning skills including attention, impulse control, organization, and working memory. These tests are commonly used to help diagnose Attention-Deficit/Hyperactivity Disorders (ADHD).



#### Social-Emotional and Behavior Tests

Many of these assessments come in the form of rating scales that parents, teachers, and even older children are asked to complete. These assessments generally measure different areas of behavioral and emotional functioning including a child's mood, behavior, and social skills.

# What happens after testing?

After testing is completed, all of the tests will be scored, interpreted, and integrated into a comprehensive report. A copy of the report should be made available to the family at a feedback session where the results can be explained, questions can be answered, and recommendations can be discussed.

